DURGUNSU KANO TÜRKİYE OLİMPİK HAZIRLIK MERKEZLERİ (TOHM) SEÇME KRİTERLERİ:

Şu an faaliyet de bulunan TOHM'lara giriş ve mevcut katılımın devamının sağlanması için sporcuların gerçekleştirmesi gereken dereceler aşağıda belirtilmiştir. TOHM değerlendirme yönetmeliği aşağıda maddeler halinde belirtilmiştir.

- **Madde 1.** TOHM seçmeleri ve performans değerlendirmeleri Nisan-Mayıs ayında Bahar Kupası, Temmuz -Ağustos aylarında Türkiye Kupası ve Şampiyonasında sporcuların gerçekleştirdikleri derecelerin ortalaması alınarak yapılacaktır.
- **Madde 2.**Başvuru için her sporcu en az 2 yarış organizasyonuna katılmak zorundadır. Puan hesaplaması yapılırken 2 ya da 3 yarışın toplamının ortalaması alınacaktır.
- **Madde 3.** Bir sporcunun başarılı sayılabilmesi için puanlarının ortalamasının en az 80 puan olması gerekmektedir.
- **Madde 4.**Bir sezonda TOHM değerlendirmesine katılmak isteyen fakat yarışmalardan bir ya da birkaçına sağlık nedenleriyle katılamayan sporcular mazeretini belirtecek heyet raporu ile Türkiye Kano Federasyonuna başvurmalıdır. Teknik kurul mazeretini geçerli bulduğu taktirde değerlendirme hakkını saklı tutar.
- **Madde 5.** Daha önce TOHM da bulunan fakat disiplin suçundan dolayı çıkarılan sporcular değerlendirmeye alınmayacaktır.
- **Madde 6.** Yarışma organizasyonu sırasında hava şartları dikkate alınarak oluşabilecek rüzgar, yağmur vb. durumlarda rüzgar durumuna göre belirlenen sürelere ekleme ya da çıkarma yapılabilecektir.
- **Madde 7.** Başvuru sayısı fazla olduğu durumlarda mevcut kontenjanlar doğrultusunda en yüksek puanı alan sporcudan en düşük puanı alan sporcuya doğru sıralama yapılacaktır.
- **Madde 8.** Bir sporcu birden fazla mesafede yarışmalara katılmış ise değerlendirme yapılırken her mesafe ayrı puanlama yapılarak en yüksek puan dikkate alınacaktır.
- **Madde 9.** TOHM değerlendirme sonuçları her yıl Ağustos ayı içerisinde TOHM denetleme kuruluna sunulacaktır.

TOHM KAYAK ERKEKLER PUANLAMA 1000M										
U23		U18		U17		U16		U15		
Derece	Puan	Derece	Puan	Derece	Puan	Derece	Puan	Derece	Puan	
03:40	98	03:49	98	03:58	98	04:07	98	04:16	98	
03:41	96	03:50	96	03:59	96	04:08	96	04:17	96	
03:42	94	03:51	94	04:00	94	04:09	94	04:18	94	
03:43	92	03:52	92	04:01	92	04:10	92	04:19	92	
03:44	90	03:53	90	04:02	90	04:11	90	04:20	90	
03:45	88	03:54	88	04:03	88	04:12	88	04:21	88	
03:46	86	03:55	86	04:04	86	04:13	86	04:22	86	
03:47	84	03:56	84	04:05	84	04:14	84	04:23	84	
03:48	82	03:57	82	04:06	82	04:15	82	04:24	82	
03:49	80	03:58	80	04:07	80	04:16	80	04:25	80	
03:50	78	03:59	78	04:08	78	04:17	78	04:26	78	
03:51	76	04:00	76	04:09	76	04:18	76	04:27	76	
03:52	74	04:01	74	04:10	74	04:19	74	04:28	74	
03:53	72	04:02	72	04:11	72	04:20	72	04:29	72	
03:54	70	04:03	70	04:12	70	04:21	70	04:30	70	
03:55	68	04:04	68	04:13	68	04:22	68	04:31	68	
03:56	66	04:05	66	04:14	66	04:23	66	04:32	66	
03:57	64	04:06	64	04:15	64	04:24	64	04:33	64	
03:58	62	04:07	62	04:16	62	04:25	62	04:34	62	
03:59	60	04:08	60	04:17	60	04:26	60	04:35	60	
04:00	58	04:09	58	04:18	58	04:27	58	04:36	58	
04:01	56	04:10	56	04:19	56	04:28	56	04:37	56	
04:02	54	04:11	54	04:20	54	04:29	54	04:38	54	
04:03	52	04:12	52	04:21	52	04:30	52	04:39	52	
04:04	50	04:13	50	04:22	50	04:31	50	04:40	50	

TOHM KAYAK ERKEK PUANLAMA 500M										
U23		U18		U17		U16		U15		
Derece	Puan	Derece	Puan	Derece	Puan	Derece	Puan	Derece	Puan	
01:40,0	98	01:45,0	98	01:50,0	98	01:55,0	98	02:00,0	98	
01:41,0	96	01:46,0	96	01:51,0	96	01:56,0	96	02:01,0	96	
01:42,0	92	01:47,0	92	01:52,0	92	01:57,0	92	02:02,0	92	
01:43,0	88	01:48,0	88	01:53,0	88	01:58,0	88	02:03,0	88	
01:44,0	84	01:49,0	84	01:54,0	84	01:59,0	84	02:04,0	84	
01:45,0	80	01:50,0	80	01:55,0	80	02:00,0	80	02:05,0	80	
01:46,0	78	01:51,0	78	01:56,0	78	02:01,0	78	02:06,0	78	
01:47,0	76	01:52,0	76	01:57,0	76	02:02,0	76	02:07,0	76	
01:48,0	74	01:53,0	74	01:58,0	74	02:03,0	74	02:08,0	74	
01:49,0	72	01:54,0	72	01:59,0	72	02:04,0	72	02:09,0	72	
01:50,0	70	01:55,0	70	02:00,0	70	02:05,0	70	02:10,0	70	
01:51,0	68	01:56,0	68	02:01,0	68	02:06,0	68	02:11,0	68	
01:52,0	66	01:57,0	66	02:02,0	66	02:07,0	66	02:12,0	66	
01:53,0	64	01:58,0	64	02:03,0	64	02:08,0	64	02:13,0	64	
01:54,0	62	01:59,0	62	02:04,0	62	02:09,0	62	02:14,0	62	
01:55,0	60	02:00,0	60	02:05,0	60	02:10,0	60	02:15,0	60	
01:56,0	58	02:01,0	58	02:06,0	58	02:11,0	58	02:16,0	58	
01:57,0	56	02:02,0	56	02:07,0	56	02:12,0	56	02:17,0	56	
01:58,0	54	02:03,0	54	02:08,0	54	02:13,0	54	02:18,0	54	
01:59,0	52	02:04,0	52	02:09,0	52	02:14,0	52	02:19,0	52	
02:00,0	50	02:05,0	50	02:10,0	50	02:15,0	50	02:20,0	50	

TOHM KANO ERKEK PUANLAMA 1000M										
U23		U18		U17		U16		U15		
Derece	Puan	Derece	Puan	Derece	Puan	Derece	Puan	Derece	Puan	
04:01	98	04:10	98	04:20	98	04:30	98	04:40	98	
04:02	96	04:11	96	04:21	96	04:31	96	04:41	96	
04:03	94	04:12	94	04:22	94	04:32	94	04:42	94	
04:04	92	04:13	92	04:23	92	04:33	92	04:43	92	
04:05	90	04:14	90	04:24	90	04:34	90	04:44	90	
04:06	88	04:15	88	04:25	88	04:35	88	04:45	88	
04:07	86	04:16	86	04:26	86	04:36	86	04:46	86	
04:08	84	04:17	84	04:27	84	04:37	84	04:47	84	
04:09	82	04:18	82	04:28	82	04:38	82	04:48	82	
04:10	80	04:19	80	04:29	80	04:39	80	04:49	80	
04:11	78	04:20	78	04:30	78	04:40	78	04:50	78	
04:12	76	04:21	76	04:31	76	04:41	76	04:51	76	
04:13	74	04:22	74	04:32	74	04:42	74	04:52	74	
04:14	72	04:23	72	04:33	72	04:43	72	04:53	72	
04:15	70	04:24	70	04:34	70	04:44	70	04:54	70	
04:16	68	04:25	68	04:35	68	04:45	68	04:55	68	
04:17	66	04:26	66	04:36	66	04:46	66	04:56	66	
04:18	64	04:27	64	04:37	64	04:47	64	04:57	64	
04:19	62	04:28	62	04:38	62	04:48	62	04:58	62	
04:20	60	04:29	60	04:39	60	04:49	60	04:59	60	
04:21	58	04:30	58	04:40	58	04:50	58	05:00	58	
04:22	56	04:31	56	04:41	56	04:51	56	05:01	56	
04:23	54	04:32	54	04:42	54	04:52	54	05:02	54	
04:24	52	04:33	52	04:43	52	04:53	52	05:03	52	
04:25	50	04:34	50	04:44	50	04:54	50	05:04	50	

TOHM KAYAK KADINLAR PUANLAMA 500M										
U23	3	U18		U17		U16		U15		
Derece	Puan	Derece	Puan	Derece	Puan	Derece	Puan	Derece	Puan	
01:55,0	98	02:00,0	98	02:06,0	98	02:12,0	98	02:18,0	98	
01:56,0	96	02:01,0	96	02:07,0	96	02:13,0	96	02:19,0	96	
01:57,0	92	02:02,0	92	02:08,0	92	02:14,0	92	02:20,0	92	
01:58,0	88	02:03,0	88	02:09,0	88	02:15,0	88	02:21,0	88	
01:59,0	84	02:04,0	84	02:10,0	84	02:16,0	84	02:22,0	84	
02:00,0	80	02:05,0	80	02:11,0	80	02:17,0	80	02:23,0	80	
02:01,0	78	02:06,0	78	02:12,0	78	02:18,0	78	02:24,0	78	
02:02,0	76	02:07,0	76	02:13,0	76	02:19,0	76	02:25,0	76	
02:03,0	74	02:08,0	74	02:14,0	74	02:20,0	74	02:26,0	74	
02:04,0	72	02:09,0	72	02:15,0	72	02:21,0	72	02:27,0	72	
02:05,0	70	02:10,0	70	02:16,0	70	02:22,0	70	02:28,0	70	
02:06,0	68	02:11,0	68	02:17,0	68	02:23,0	68	02:29,0	68	
02:07,0	66	02:12,0	66	02:18,0	66	02:24,0	66	02:30,0	66	
02:08,0	64	02:13,0	64	02:19,0	64	02:25,0	64	02:31,0	64	
02:09,0	62	02:14,0	62	02:20,0	62	02:26,0	62	02:32,0	62	
02:10,0	60	02:15,0	60	02:21,0	60	02:27,0	60	02:33,0	60	
02:11,0	58	02:16,0	58	02:22,0	58	02:28,0	58	02:34,0	58	
02:12,0	56	02:17,0	56	02:23,0	56	02:29,0	56	02:35,0	56	
02:13,0	54	02:18,0	54	02:24,0	54	02:30,0	54	02:36,0	54	
02:14,0	52	02:19,0	52	02:25,0	52	02:31,0	52	02:37,0	52	
02:15,0	50	02:20,0	50	02:26,0	50	02:32,0	50	02:38,0	50	

TOHM KAYAK KADINLAR PUANLAMA 200M										
U23	3	U18		U17		U16		U15		
Derece	Puan	Derece	Puan	Derece	Puan	Derece	Puan	Derece	Puan	
00:41,0	98	00:43,5	98	00:46,0	98	00:48,5	98	00:51,0	98	
00:41,5	96	00:44,0	96	00:46,5	96	00:49,0	96	00:51,5	96	
00:42,0	92	00:44,5	92	00:47,0	92	00:49,5	92	00:52,0	92	
00:42,5	88	00:45,0	88	00:47,5	88	00:50,0	88	00:52,5	88	
00:43,0	84	00:45,5	84	00:48,0	84	00:50,5	84	00:53,0	84	
00:43,5	80	00:46,0	80	00:48,5	80	00:51,0	80	00:53,5	80	
00:44,0	78	00:46,5	78	00:49,0	78	00:51,5	78	00:54,0	78	
00:44,5	76	00:47,0	76	00:49,5	76	00:52,0	76	00:54,5	76	
00:45,0	74	00:47,5	74	00:50,0	74	00:52,5	74	00:55,0	74	
00:45,5	72	00:48,0	72	00:50,5	72	00:53,0	72	00:55,5	72	
00:46,0	70	00:48,5	70	00:51,0	70	00:53,5	70	00:56,0	70	
00:46,5	68	00:49,0	68	00:51,5	68	00:54,0	68	00:56,5	68	
00:47,0	66	00:49,5	66	00:52,0	66	00:54,5	66	00:57,0	66	
00:47,5	64	00:50,0	64	00:52,5	64	00:55,0	64	00:57,5	64	
00:48,0	62	00:50,5	62	00:53,0	62	00:55,5	62	00:58,0	62	
00:48,5	60	00:51,0	60	00:53,5	60	00:56,0	60	00:58,5	60	
00:49,0	58	00:51,5	58	00:54,0	58	00:56,5	58	00:59,0	58	
00:49,5	56	00:52,0	56	00:54,5	56	00:57,0	56	00:59,5	56	
00:50,0	54	00:52,5	54	00:55,0	54	00:57,5	54	01:00,0	54	
00:50,5	52	00:53,0	52	00:55,5	52	00:58,0	52	01:00,5	52	
00:51,0	50	00:53,5	50	00:56,0	50	00:58,5	50	01:01,0	50	

TOHM KANO KADINLAR PUANLAMA 200M										
U23	3	U18		U17		U16		U15		
Derece	Puan	Derece	Puan	Derece	Puan	Derece	Puan	Derece	Puan	
00:52,0	98	00:54,5	98	00:57,0	98	00:59,5	98	01:02,0	98	
00:52,5	96	00:55,0	96	00:57,5	96	01:00,0	96	01:02,5	96	
00:53,0	92	00:55,5	92	00:58,0	92	01:00,5	92	01:03,0	92	
00:53,5	88	00:56,0	88	00:58,5	88	01:01,0	88	01:03,5	88	
00:54,0	84	00:56,5	84	00:59,0	84	01:01,5	84	01:04,0	84	
00:54,5	80	00:57,0	80	00:59,5	80	01:02,0	80	01:04,5	80	
00:55,0	78	00:57,5	78	01:00,0	78	01:02,5	78	01:05,0	78	
00:55,5	76	00:58,0	76	01:00,5	76	01:03,0	76	01:05,5	76	
00:56,0	74	00:58,5	74	01:01,0	74	01:03,5	74	01:06,0	74	
00:56,5	72	00:59,0	72	01:01,5	72	01:04,0	72	01:06,5	72	
00:57,0	70	00:59,5	70	01:02,0	70	01:04,5	70	01:07,0	70	
00:57,5	68	01:00,0	68	01:02,5	68	01:05,0	68	01:07,5	68	
00:58,0	66	01:00,5	66	01:03,0	66	01:05,5	66	01:08,0	66	
00:58,5	64	01:01,0	64	01:03,5	64	01:06,0	64	01:08,5	64	
00:59,0	62	01:01,5	62	01:04,0	62	01:06,5	62	01:09,0	62	
00:59,5	60	01:02,0	60	01:04,5	60	01:07,0	60	01:09,5	60	
01:00,0	58	01:02,5	58	01:05,0	58	01:07,5	58	01:10,0	58	
01:00,5	56	01:03,0	56	01:05,5	56	01:08,0	56	01:10,5	56	
01:01,0	54	01:03,5	54	01:06,0	54	01:08,5	54	01:11,0	54	
01:01,5	52	01:04,0	52	01:06,5	52	01:09,0	52	01:11,5	52	
01:02,0	50	01:04,5	50	01:07,0	50	01:09,5	50	01:12,0	50	